

BPU Syllabus

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8
	Cycle #1 “Getting Things Done”	Cycle #2 “Correction Off Track/ On Track” (Raises the expectation level)	Cycle #2 Honor	A Plan to Persevere	“Accepting No as an Answer”	Emotions	Internal Motivation	Preparing for Resistance
Parent Tools Developed	<u>Relationship:</u> softens the heart <u>Visioning:</u> provides hope <u>Firmness:</u> builds character	<u>Transfer Responsibility:</u> empowers child to take on challenges & Gives ownership	<u>Transfer Responsibility:</u> empowers child to take on challenges & Gives ownership	<u>Teaching:</u> Shows how <u>Spiritual Training:</u> connects with God’s power	<u>Coaching:</u> provides direction <u>Practicing:</u> doing what’s right	All Tools Used	All Tools Used	All Tools Used
Technique or Concept Taught to Parent	Instruction Routine Conscience training	The Break Conscience training Toolbox of Consequences	Honor Positive Conclusion	T-chart Practice Sessions Family Time	The Wise Appeal 3 Levels of Thinking Practice Sessions	Emotional flexibility Train child how to handle emotions Anger Management	Internal Motivation: - 4 parts of Conscience - 3 Cs -Attitudes & Solutions Responsibility Checklist	Red Zone Overcoming Resistance

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Child moves from...	<p>...resistance to compliance <i>(going along)</i></p> <p>...compliance to cooperation <i>(doing their part)</i></p> <p>...obligation to initiative</p>	<p>...resistance to compliance</p> <p>...compliance to cooperation</p> <p>...cooperation to contribution <i>(thinking beyond oneself)</i></p>	<p>...compliance to cooperation</p> <p>...cooperation to contribution</p> <p>...initiative to honor</p>	<p>...compliance to cooperation</p> <p>...cooperation to contribution</p> <p>...initiative to honor</p>	<p>...complaining to contentment</p> <p>...manipulation to gratitude</p>	<p>...emotional rigidity to flexibility</p> <p>... anger to peace</p> <p>...anger to self-control</p>	<p>...thinking errors to right thinking</p> <p>...lack of motivation to being internally motivated</p> <p>...emotional intensity to flexibility</p> <p>...bad attitudes to child believing something different about life</p>	<p>...compliance to cooperation</p> <p>...cooperation to contribution</p> <p>...sadness to hope</p> <p>...anger to hope</p> <p>...resistance to cooperation</p> <p>...</p>
Character traits that are built in the child...	<p>Obligation: "I need to" grows stronger than "I want to"</p> <p>Responsibility</p> <p>Responsiveness to authority</p> <p>Giving up own agenda</p> <p>Learning how to trust others</p> <p>Giving up some control</p>	<p>Initiative</p> <p>Cooperation</p> <p>Transference of responsibility begins in child</p> <p>Compassion</p> <p>Conscience</p> <p>Knowing how to address problems in life</p> <p>Sensitivity to Holy Spirit</p>	<p>Compassion</p> <p>Initiative</p> <p>Conscience</p> <p>Awareness & responsibility for others' needs</p> <p>Awareness of how to contribute to their family and society</p> <p>Desire to act on helping others & their community</p>	<p>Spiritual responsiveness</p> <p>Reliance on Holy Spirit & God's grace</p> <p>Internal motivation to face challenges</p> <p>Confidence in managing themselves</p> <p>Problem Solvers</p> <p>Hopeful</p>	<p>Responsibility</p> <p>Living within limits</p> <p>Respect</p> <p>Internal strength</p> <p>Contentment</p> <p>Gratitude</p>	<p>Flexible</p> <p>Let things go</p> <p>Experience more positive emotions</p> <p>Relate more effectively with others</p> <p>Less internal frustration</p>	<p>Responsibility</p> <p>Trust</p> <p>Peace</p> <p>Gratitude</p>	<p>Hope</p> <p>Compassion</p> <p>Flexible</p> <p>Cooperation</p> <p>Contribution</p>